# California Department of Alcohol and Drug Programs MHSA Progress Report Fiscal Year 09-10

Reporting Period: January 1 – June 30, 2010

#### **Department of Alcohol and Drug Programs**

#### 1. Identify 2-3 highlights for this reporting period

- Staff concluded and reported on a pilot program to field test the Dual Diagnosis Capability in Addiction Treatment (DDCAT) Index.
- Staff presented on COD and the DDCAT at the 2009 Addiction Health Services Research (AHSR) conference.
- Staff served as Departmental liaison to UCSF Research team on Interagency Agreement with UCSF to conduct a validation study for the Co-Occurring Joint Action Council (COJAC) COD Screening Instrument.
- 2. Please list all the goals/objectives/activities/deliverables for this reporting period as listed in the MOU work plan and provide an update.

#### Goal 1 - Create, edit and publish the Co-Occurring Disorders (COD) E-Circular and e-mail to subscribers

<u>Objectives 1a</u> – Gathering information on, writing articles addressing, and editing an electronic circular discussing many of the varied aspects of Co-Occurring Disorders. This newsletter will be published on the Internet at the COD Website and emailed to subscribers.

Major activities/ deliverables:	Due Date	Status on achieving objective, activities and deliverables (insert links)	Identify outstanding policy and program issues	Identify activities being coordinated with local mental health system and other partners	Upcoming events /opportunities/ resources anticipated during the next six months
<ol> <li>Quarterly editions of the COD E- Circular, an e-publication that addresses various aspects of COD.</li> </ol>	Quarterly	This project was postponed to accommodate furloughs. It has been changed to a bi-annual publication to 1) accommodate possible future furloughs and 2) to provide lengthier publications.	Trauma; Housing; Youth	State Interagency Team; Veterans Awareness Initiative; Open, free subscriptions	Publication of the next issue of the COD E-Circular, this issue will be on Veterans.
<ol><li>An editorial board has been formed to review content before publication.</li></ol>	Finished	The editorial board has been created and has met as needed.	As part of the editorial board, a county-based COD subject matter expert reviews proposed content.	None	The editorial board will review and comment on the COD E-Circular before release.
3. Utilization of the subscription list of the COD E-Circular.	Ongoing	Between issues of the COD E-Circular, upcoming training and other COD-related opportunities are disseminated via the subscription list.	N/A	None	Approximately monthly e-mail broadcasts of related events and training opportunities.
Provide copies of the E-Circular at COD related events.	Ongoing	Staff attends conferences and other events to provide interested parties with copies of the COD E-Circular, instructions on how to subscribe and online access, and COD Website info. See Obj. 6b.	N/A	This activity will continue whenever staff attends events with subject matter relevant to one or more issues addressed in the COD E-Circular.	ADP Conference Oct. 12-14 <a href="http://www.cce.csus.edu/conferences/adp/10/">http://www.cce.csus.edu/conferences/adp/10/</a> C4A Conference Nov 15-17 <a href="http://www.c4a.info/images/stories/savethedate.pdf">http://www.c4a.info/images/stories/savethedate.pdf</a>

## Goal 2 - Monitor the Inter-Agency Agreement contract to validate the COJAC Screening Tool for COD.

Objectives 2a – ADP staff will monitor the Inter-Agency Agreement awarded to the University of California at San Francisco. ADP staff will ensure contractor performs in accordance with the terms of their contract. The screening tool will be evaluated throughout California. The contractor will determine the number of facilities necessary to validate the tool.

Major activities/deliverables:	Due Date	Status on achieving objective, activities and deliverables (insert links)	Identify outstanding policy and program issues	Identify activities being coordinated with local mental health system and other partners	Upcoming events/opportunities/ resources anticipated during the next six months
MHSA staff monitored the contract through June 2010.	Finished	The MHSA-funded positions have completed their parts of this assignment.	The contractor received a no cost extension to complete the final report.	None	A final report is due. A copy will be forwarded to the MHSA Monitor when it is published.
Contractor is analyzing data gathered during the course of the contract.	Ongoing	Contractor reports monthly to the new (non-MHSA funded) monitor.	None	None	ADP will review lessons learned from the experience.
Interface with the contractor and assist in their communication with COJAC.	Finished	Contractor reported back to COJAC with preliminary findings.	COJAC responded to the preliminary report with concerns.	COJAC decided to withdraw from active participation in this project.	N/A

#### **Goal 3 –** Support the COJAC Committees

<u>Objectives 3a</u> – Continue supportive staff work with COJAC's committees. Ensure records are kept of meetings and committees are given every opportunity to address their assignments and meet their goals.

Мајо	r activities/deliverables:	Due Date	Status on achieving objective, activities and deliverables (insert links)	Identify outstanding policy and program issues	Identify activities being coordinated with local mental health system and other partners	Upcoming events/opportunities/ resources anticipated during the next six months
1.	Minutes for COJAC Workgroup meetings.	Ongoing	Minutes are taken by a CiMH staff member. Staff review, edit, and comment. <a href="http://www.adp.ca.gov/cojac/meetings.shtml">http://www.adp.ca.gov/cojac/meetings.shtml</a>	Trauma; Housing; Youth; Funding; Screening; Legislation	All committees have participation by mental health system and other partners.	Finalized Workgroup minutes are posted on the COD-Unit -maintained COJAC website.
2.	Minutes for committee meetings	Ongoing	Minutes for the monthly teleconference calls -generally taken by a Unit staff member	Minutes are discussions of issues and assignments, not approvals, so are not posted to the website.	The committees welcome participation from partners outside COJAC.	The MHSA staff hosts the teleconferences of the 3 COJAC committees, currently meeting on an approximately monthly basis.

3. Reviewing and updating of the COD State Action Plan during the report period.	Ongoing	The committees have revised the SAP in response to changing priorities. The new Youth Committee has created a new SAP section (attached).	Trauma; Housing; Youth; Funding; Screening; Legislation	All COJAC committees have at least some participation by mental health system and other partners.	An updated COD SAP will soon be posted to the "Documents" section of the COJAC web site.
4. Helping draft, reviewing, and updating of any COJAC products worked on during the report period.	Ongoing	The COD Funding Matrix is now in process of revision and updating.	The Funding Committee will update this "living document" (including new funding sources) as information changes.	None	A new Funding Matrix will be posted to the "Documents" section of the COJAC Website. Announcements will be made in the COD E-Circular and other forums
5. Newly approved Charter and Operational Guidelines documents revised and/or drafted during the report period.	Ongoing	The Workgroup, with the assistance of COD Unit staff, updated the COJAC Charter, with emphasis on the new Core Values section, and the Operational Guidelines for Membership, both attached.	These documents will be posted on the COJAC Website.	Mental health partners on COJAC collaborate on documents and other information posted.	All updated and new COJAC Working and Operational documents will be posted on the COJAC Website.
6. Support any new committees created by the COJAC Workgroup.	Ongoing	COJAC has created a new Youth Committee.	Programs that treat youth with COD are very rare in California. In contrast, youth with COD are common, comprising nearly 50% of youth in the correctional system.	The new committee consists of volunteers from both MH and AOD fields and a MHSA funded staff member.	Beginning in August monthly teleconference meetings are planned for the new youth committee.

**Goal 4** – Continue to promote PEI programs and accessing PEI funding to support those programs.

Objectives 4a – Develop methods to advertise or otherwise promote the availability of PEI funding to support programs that further the PEI goals. Encourage providers to add or expand PEI aspects to their programs.

N	lajor activities/deliverables:	Due Date	Status on achieving objective, activities and deliverables (insert links)	Identify outstanding policy and program issues	Identify activities being coordinated with local mental health system and other partners	Upcoming events/opportunities/ resources anticipated during the next six months
1 p	. Staff has posted information on PEI rograms on the COD Web pages.	Ongoing	Ongoing project. Relevant material is added as it is found.	Programs are substantially established at this point.	COD Unit staff track updates and changes to the MHSA Web pages	None
- 1	2. Staff posts information on trainings on PEI copics on the COD Web pages.	Ongoing	Ongoing project. Relevant material is added as it is found	Increasing integration of county mental health and AOD departments makes PEI programs more likely to have AOD components.	COD Unit staff tracks information from CMHDA, CiMH, and other mental health sources for useful resources or announcements to post or to communicate via COD Unit stakeholder e-list.	None
	3. Staff assists MHSA Collaboration with the ADP Prevention Branch.	Ongoing	Ongoing project.	The renewal advantages of continuing current work tend to cause counties to favor continuation rather than changes.	COD Unit staff note updates and changes to the PEI program and county plans posted to MHSA web pages.	Depending on other workload demands, COD Unit staff may review county PEI plans for possible opportunities to emphasize or increase prevention work.

#### **Goal 5 – Maintain the COJAC and COD Websites**

Objectives 5a – Continue maintaining the COJAC and COD websites and interfacing with ADP's Web Unit to ensure accurate and current information is posted on the site. Develop additional and appropriate information to post to the sites.

Major activities/deliverables:	Due Date	Status on achieving objective, activities and deliverables (insert links)	Identify outstanding policy and program issues	Identify activities being coordinated with local mental health system and other partners	Upcoming events/opportunities/ resources anticipated during the next six months
Staff maintain Web pages for the COJAC Website.	Ongoing	Staff update the COJAC Website with documents created, revised, or relevant to the COJAC Mission, and approved by the COJAC Workgroup.	Screening/Assessment; Conferences; Housing; Legislation; Funding	This is an ongoing project to provide a Web presence for COJAC news and meetings.	Updates of various kinds are required on a regular basis.
Staff maintain ADP's COD Website Web pages.	Ongoing	The MHSA-funded COD Unit staff initiates searches for material for the Web pages.	Screening; Funding; Housing; Training; PEI/Youth; veterans issues scheduled to be added.	Mental health partners on COJAC collaborate on documents and other information posted.	Updates and additions occur as needed.

# Goal 6 – Participate in COD Related Conferences

<u>Objective 6a</u> – Work with Prototypes and the City of Los Angeles in conference planning.

Major activities/deliverables:	Due Date	Status on achieving objective, activities and deliverables (insert links)	Identify outstanding policy and program issues	Identify activities being coordinated with local mental health system and other partners	Upcoming events/opportunities/ resources anticipated during the next six months
Attend and participate in the COD Conference with PROTOTYPES and the City of Los Angeles.	This event was cancelle d.	The conference with PROTOTYPES (a private agency) and Los Angeles County for 2010 has been postponed indefinitely due to budget problems.	This event was cancelled due to the economic climate in California.	ADP plans to remain involved with this conference when it resumes.	
Attend and present MHSA workshop at the semi-annual ADP Conference in October 2010.	10/12/10 through 10/14/10	Staff will present on the DDCAT at the annual ADP Conference, rescheduled from June 2010.	Health care reform promotes greater integration of behavioral services, with a new emphasis on continuing (chronic) care.	For better co- ordination with mental health, information on DDCMHT – DDCAT equivalent for mental health – is also presented as appropriate.	Presenting the DDCAT report at the ADP Conference in October 2010.

Objective 6b – Attend COD Related Conferences					
Major activities/deliverables:	Due Date	Status on achieving objective, activities and deliverables (insert links)	Identify outstanding policy and program issues	Identify activities being coordinated with local mental health system and other partners	Upcoming events/opportunities/ resources anticipated during the next six months
Staff have attended several conferences and meetings including but not limited to:	Ongoing	ADP/MHSA staff attend these conferences and meetings and, even though not presenting, usually spend a fair amount of time explaining	Ongoing. These conferences remain a good way to spread the word about the work the MHSA is funding.	Staff plan to continue attending and participating at conferences and meetings, as the	ADP Conference Oct. 12-14  http://www.cce.csus.edu/conferences/adp/10/  C4A Conference Nov 15-17
a. Best Practices in Serving the LGBT Community	a. 2/22/10; 2/25/10	COD issues and how to access information on COD from the Department's Website and other sources.	a. Stressed importance of staff cultural competency training in order to reduce provider biases and to avoid further traumatization of clients.	budget allows.	http://www.c4a.info/images/stories/savethedate.pdf
b. Working Families Policy Summit	b. 4/8/10		b. Impacts of government cuts on children of working families and means to reduce these impacts.		
c. SAMHSA Knowledge Dissemination Conference: Targeting and Tailoring for Improving Depression Care			c. Need for mental health public service announcements and other public education which are directed to specific audiences and how they can be crafted to be most acceptable to that audience.		
d. Mental Health Planning Council, Comm. Meetings: Children & Youth, Older Adult, - Cultural Competence, Human Resources	d. 5/26/10		d. How improved cultural competence can help address substantial and continuing disparities in mental health treatment.		
e. CADPAAC meetings	e. 1/28/10; 5/26/10		e. What kind of programmatic and structural changes are required to qualify as a provider under health care reform.		

# Goal 7 – Dual Diagnosis Capability in Addiction Treatment (DDCAT)

Objectives 7a – ADP will continue providing the DDCAT to AOD providers. The DDCAT is an instrument used to assess treatment facilities capability for treating individuals with COD.

Major activities/deliverables:	Due Date	Status on achieving objective, activities and deliverables (insert links)	Identify outstanding policy and program issues	Identify activities being coordinated with local mental health system and other partners	Upcoming events/opportunities/ resources anticipated during the next six months
Maintain downloadable copies of the DDCAT and Dual Diagnosis Capability in Mental Health Treatment (DDCMHT) on the Department's Website.	Ongoing	In addition to the fidelity indexes for both fields, we also make available the Toolkit to help train users to get the most out of the project.  http://www.adp.ca.gov/COD/D/ddcat.shtml	The DDCAT and the DDCMHT are tools that assess a providers' ability to provide (COD) services; they are free of charge. Making them available on the Website gives access to the tools to both AOD and MH facilities. Participants in the Pilot Program suggested that adding these tools to the website would improve exposure and accessibility as word spread about them.	The Department of Mental Health and other mental health systems will be informed of the presentation at the ADP Conference and will be encouraged to attend.	Presenting the DDCAT workshop at the ADP Conference in October 2010. Providing contact information for people and programs that want to utilize the DDCAT.  Due to the economic climate in California fewer opportunities exist to present this information to large groups, such as at conferences. Staff keep searching for appropriate venues.
Provide DDCAT-related information for other venues.	As opportuni ties arise	Staff wrote a feature article for FOCUS - the quarterly ADP inhouse magazine, distributed to ADP partners.  http://www.adp.ca.gov/Pressroom/News/FOCUS.html#Dual	The article briefly describes COD, the DDCAT tool, and the Pilot Project done on the DDCAT in California.	None	For better co-ordination with mental health, information on DDCMHT – DDCAT equivalent for mental health – is also presented as appropriate.

### Goal 8 - Maintain and expand COD Communications Plan

Objectives 8a – ADP staff will maintain and expand the current COD Communication Plan to distribute information to stakeholders in the COD field. The COD Unit will continue to add contacts to appropriate e-mail lists and distribute all COD-relevant and COJAC-issued correspondence as directed.

Major activities/deliverables:	Due Date	Status on achieving objective, activities and deliverables (insert links)	Identify outstanding policy and program issues	Identify activities being coordinated with local mental health system and other partners	Upcoming events/opportunities/ resources anticipated during the next six months
Develop a simple method of communicating with stakeholders in the COD field.	Ongoing	A multi-use e-mailing list open to all interested parties has been set up for COD E-Circular subscribers. ADP's State Report on the COJAC Agenda includes information on trainings, EBPs, promising practices, federal COD updates, and State policy issues.	Expanding use of the subscription list and increasing the number of subscribers.	The e-list is open to anyone with an interest in COD issues including people involved with AOD, mental health, social services, public health, CDCR, et al.	Between issues of the COD E-Circular, approximately monthly e-mailings of information on upcoming training and other COD issues events and skills opportunities.

Submit electronic copies of reports by July 31, 2010 to: Claire Sallee Department of Mental Health Community Services Division claire.sallee@dmh.ca.gov

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<sup>\*</sup>Progress report information will be posted on the DMH Web page at http://www.dmh.ca.gov/Prop\_63/MHSA/State\_Interagency\_Partners.asp